

Inquire about our
#MediaCoordinator program.



An advertisement for ON TIME Electric, Plumbing, Heat & Air. It features a woman on the left wearing a headset, a central image of an air conditioning unit, and a man on the right. The text reads: "AIR CONDITIONING TUNE UP \$99.95*", "ON TIME Electric • Plumbing • Heat & Air", "635 Ferry Rd. www.ontimegroup.ca", and "It's time to call 204-774-1474". There is also a BBB logo.

An advertisement for the U.S. World Cup. It features a man in a blue shirt with his arms raised in celebration. The text reads: "THE U.S. WOULD NOT GO QUIETLY", "HE MADE THE MOST SAVES IN WORLD CUP HISTORY, BUT U.S. GOALKEEPER TIM HOWARD COULDN'T BEST BELGIUM, WHICH WILL FACE ARGENTINA IN THE QUARTER-FINALS", and "PAGE 20".

An advertisement for Herzing College. It features a woman in a black dress standing next to a large, stylized purple and white geometric logo. The text reads: "HERZING COLLEGE", "204.775.8175", and "herzing.ca/winnipeg".

A photograph of three people on a balcony. Two men are wearing red shirts and a woman is wearing a black mask. They are holding a large Canadian flag. The background is a red brick wall.

Love for Canada crosses space, time

These three patriotic Winnepeggars took to their Osborne Village apartment balcony to show off their Canada Day pride to the cheers of the crowds below. Once the morning rains drizzled to a stop Winnepeggars took in events to mark Canada Day across the city. SHANE GIBSON/METRO

Race for city council seats officially begins in Winnipeg

Candidates sign up.
Would-be councillors optimistic about big day in October and beyond



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

And they're off! Candidates for Winnipeg city council on Monday joined their mayoral counterparts in officially registering for the civic election.

Candidates running for office must register at city hall before being able to raise funds for their campaign or pay for advertising.

Two candidates in St. Norbert, which is wide-open after incumbent Coun. Justin Swandel decided not to run for re-election, registered shortly after the city clerk's office opened.

Sachit Mehra, owner of East India Company, and Janice Lukes, who works as Swandel's assistant, both said they're looking forward to the race.

"I'm overjoyed to have

In the running

17

Seventeen people registered to run as candidates for councillor by the end of the day Monday.

my family here with me today. We've just signed the documents, and it was wonderful," said Mehra, who was accompanied by wife Caroline and sons Mohit, 13, and Givan, 12.

Lukes said she hopes area residents become engaged in the race and that the result is high voter turnout.

"People will come out and vote; I think they're inspired," she said.

Coun. Jenny Gerbasi, who also filed her papers Monday, said she's running for re-election because she believes there will be "a really big change this time."

"I think we're going to see a lot of new faces, a lot of fresh ideas and a new approach," said Gerbasi.

The civic election is Oct. 22.



Sachit Mehra, accompanied by his wife Caroline and sons Givan, left, and Mohit, registered as a candidate for the St. Norbert seat on Monday. BERNICE PONTANILLA/METRO

Ditch preliminary hearings, judges argue

Manitoba's top judges say they want to unclog the province's courts and get cases to trial sooner by possibly eliminating some preliminary hearings.

Glenn Joyal, chief justice of the Court of Queen's Bench, said it's ridiculous that a case that could go to trial in eight months takes four years. It can

take up to two years before a preliminary hearing is complete, he said.

"That means before the matter gets its trial-by-jury in our court, some 18 months elapse where, in many instances, an accused person remains in custody, where witnesses' memories forget,

where victims' families are left in a limbo not knowing what the result will be," Joyal said at a news conference Friday.

"Can you justify a system where a case that could conclude in eight months, concludes sometimes in a period of up to three to four years? I say no."

Manitoba's top three judges laid out a series of initiatives Friday to try to speed up the course of justice. The judges also took aim at the adversarial element in child-protection cases. They argue they would rather see a more holistic approach that would involve greater support for

families rather than simply ruling on who a child's guardian should be.

The judges have formed a committee to design pilot projects to reduce conflict in child-protection cases and another to consider reforming or eliminating preliminary hearings. **THE CANADIAN PRESS**

What the heck is Corey's?



ME TO WE

CHOOSE YOUR CAUSE
SHOW YOUR COLOURS



From school supplies to clean water, give a life-changing gift in a Free The Children community with every Rafiki Friend Chain purchase. Learn more about how you can make an impact and get yours at metowe.com/shop.





Former CAO Phil Sheegl speaks to media in 2013. BERNICE PONTANILLA/METRO

Winnipeg's ex-CAO paid \$235K in 2013: Independent report

Fire halls audit. Salary and severance packages of Phil Sheegl and ex-fire chief released



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The salaries of two of the central figures in last year's fire halls audit controversy were made public on Monday.

Phil Sheegl, the former chief administrative officer received a salary and severance package worth \$235,334.16, while ex-fire chief Reid Douglas earned \$228,058.91.

The fire halls audit, delivered last October, stated that the construction of four new stations went over-budget, was mismanaged, lacked adequate oversight, saw favouritism, and did not follow City of Winnipeg policies and procedures.

Sheegl tendered his resignation on Oct. 17 and was replaced by Deepak Joshi, who is acting CAO likely until the fall.

Douglas was let go last September, and a search for his replacement culminated this past March when John A. Lane was hired as the new fire chief.

This information formed part of the 2013 compensation disclosure report prepared for the city by independent auditing firm KPMG.

Maryk children exposed to prostitutes, drugs in Mexico

The mother of two Winnipeg children who were kidnapped by their father and hidden in Mexico for four years says they are suffering from the consequences of living behind bars and not going to school or seeing a doctor.

Emily Cablek told a sentencing hearing for Kevin Maryk that her son, Dominic, is terrified when anyone knocks on their door unannounced.

"He's afraid of the dark," she said in a pre-recorded victim impact statement played in court Monday. "If anyone knocks on the door, he's terrified of who it could be."

Her daughter, Abby, has "put it behind her instead of dealing with it," Cablek said.

Maryk, 42, pleaded guilty last week to two counts of abduction.

The Crown is asking for a five-year sentence, while the defence wants his immediate

release based on credit for time served in Canada and Mexico.

The judge reserved his decision and may hear further legal arguments on the case next Monday.

Both kids have struggled to catch up in school and make friends since they returned, Cablek said. They have had trouble learning healthy eating habits and still avoid drinking water, she said. They were behind on their immunization shots and hadn't seen a dentist.

Crown attorney Debbie Buors told the sentencing hearing the children were exposed to prostitution, drugs and alcohol in Mexico and were only taken out of their home at night.

Although both lag far behind their peers in academic and social skills, Buors said school assessments of Abby have found she has a sexual

awareness beyond her years.

When police tried to talk to her, she "curled up in a ball in the fetal position on the floor," said the prosecutor.

Defence lawyer Todd Bourcier said Maryk was compelled to abduct his children because he was worried their mother was returning to a life of prostitution and drug use. There is no chance Maryk would attempt such an abduction again, he said.

THE CANADIAN PRESS

Letters from Kevin Maryk

Crown attorney Debbie Buors read two intercepted, expletive-laced letters written by Maryk from jail in which he asked another person to find out where his children were living. He talked about returning to Mexico with them.

Sex, substance abuse land Winnipeg shop in hot water

Sex and booze in the workplace, and the end of a supervisor-employee affair, led to trouble for a Winnipeg automotive repair shop.

A Manitoba human rights adjudicator ruled Friday that Brosseau Bros. Ltd, the operators of the Super Lube outlet, must develop a sexual harassment policy and have supervisors, including assistant manager Heather Kirton, undergo sexual harassment training.

Kirton admitted to having a relationship in 2009 with a recently hired lube technician whom the provincial human

rights commission does not want named. Kirton was 41 at the time while the male employee was 21.

At one point, the two had sex on the concrete floor of the garage, the hearing into the worker's complaint was told.

There were other "inappropriate activities" at the garage involving the worker and other employees, according to the ruling from Lawrence Pinky, the independent adjudicator who heard the case. "It was uncontroverted that there was sexual activity and illegal drug use occurring there both dur-

ing and after work hours. The illegal drugs used at the shop/garage included both crack cocaine and marijuana."

Kirton and the worker gave conflicting testimony about who instigated the affair and why the relationship ended soon afterward.

The adjudicator awarded the worker \$3,500 for injury to his dignity.

But the worker will not see a penny, because the adjudicator also ordered him to pay exactly the same amount to the owners to cover the costs of the hearing. THE CANADIAN PRESS

Download eMagazines, eBooks, Movies and more!

- over 15,000 eBooks and eAudiobooks
- streaming music and movies through Hoopla
- popular magazines to download through Zinio

FREE with your library card!

guides.wpl.winnipeg.ca/ebooks





Oscar Pistorius in court in Pretoria, South Africa, on Tuesday.
MIKE HUTCHINGS/THE ASSOCIATED PRESS

Pistorius's agent takes stand

Oscar Pistorius had a heightened concern for his personal safety and was making plans to take girlfriend Reeva Steenkamp on international trips shortly before he fatally shot her, his agent testified at the double-amputee runner's murder trial Tuesday.

The defence called Peet van Zyl to the stand in an attempt to bolster Pistorius's account that he mistook Steenkamp for an intruder, providing testimony

about a loving relationship and a fear of crime that may have pushed the Paralympian to fire through a closed toilet door.

Van Zyl faced tough questioning from the chief prosecutor, however, about Pistorius' alleged egotism and tantrums, high-speed driving and love of guns. The prosecution maintains that he intentionally killed Steenkamp in his home after an argument in the early hours of Feb. 14, 2013.

Pistorius, who is free on bail, faces 25 years to life in prison if found guilty of premeditated murder, but he could also be sentenced to significant time behind bars if convicted of murder without premeditation or negligent killing. He also faces gun-related charges.

The agent testified that his client had a "heightened sense of awareness" and appeared preoccupied with security at times. **THE ASSOCIATED PRESS**



RBC Royal Bank

APPLY BY
JULY 4TH!



That's right! Just ask and save like an RBC Employee¹.

For a limited time², get the same great mortgage rate as our employees, complete with our flexible prepayment options and expert advice³.

APPLY ON OR BEFORE JULY 4TH, 2014!²

Speak with an RBC Royal Bank® mortgage specialist today.
1-866-864-0420 rbc.com/employeeemortgage



People are evacuated from a hospital during fighting near a regional police department separatists Tuesday after the president called off a unilateral ceasefire, carrying out air

Clashes in peace talks

End of ceasefire.

Ukrainian military makes artillery, air strikes against separatists, while rebels attack Donetsk

Ukrainian forces and pro-Russia separatists fought with heavy weapons in the country's east Tuesday, and the rebels captured the Interior Ministry headquarters in a major city after an hours-long gun battle, a day after the president said rebels weren't serious about peace talks and ended a ceasefire.

The often-broken ceasefire had given European leaders 10 days to search in vain for a peace deal, and its end raised the prospect of an escalation in a conflict that has already killed more than 400 people.

Ukrainian forces have been unable to suppress the rebels in two months of fighting — and it was not clear now what they would be doing differently to change that situation.

President Petro Poroshenko had called a unilateral ceasefire to try to persuade the rebels to lay down their weapons and hold peace talks. Some of the rebels later signed onto the ceasefire as talks began. But each side accused the other of violations.

Poroshenko announced the end of the ceasefire on Monday night, and on Tuesday the military made artillery and air strikes against separatist positions, Defence Ministry spokesman Oleksiy Dmytrashkovsky told the Interfax news agency. He said one service member was killed and 17 wounded in the previous 24 hours, and that an Su-25 attack aircraft was damaged. There was no comment on casualties from the rebels.

In Donetsk, rebels attacked a police building, and fighting raged in the city centre. The streets were deserted and rifle fire could be heard. After hours of gun battles, the rebels took over the Interior Ministry compound, and the body of a plain-clothes police officer lay outside.

THE ASSOCIATED PRESS

1. Offer not available for construction draw mortgages or for any amendment to an existing mortgage with Royal Bank of Canada, including a portability transaction or an advance of additional funds or a renewal. This offer may be withdrawn at any time without notice. Offer limited to 4 and 5 year fixed term closed residential mortgages and to eligible applicants only. Subject to Royal Bank of Canada lending criteria for residential properties. Offer cannot be combined or used in conjunction with any other special offers. Other terms and conditions may apply. 2. Eligible mortgage applications must be started on or after April 28, 2014, and last day to apply is July 4th 2014. Rate commitment is a maximum of 120 days from the start of the application at which point the interest rate guarantee expires. 3. Employee Rates are discounted rates and are not the posted rates of Royal Bank of Canada. Employee Rates may be changed, withdrawn or extended at any time, without notice. ©/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.



in Donetsk, Ukraine, Tuesday. Ukraine renewed its attacks against armed pro-Russia and artillery strikes against rebel positions. DMITRY LOVETSKY/THE ASSOCIATED PRESS

Ukraine as called off

European response

EU threatens new sanctions

European leaders have been pressing Russian President Vladimir Putin to persuade the rebels to lay down their weapons. The West says Russia is sending weapons, including tanks and rocket launchers, to the rebels and allowing Russian citizens to cross the border to fight, and says Putin has broad leverage over the rebels.

Russia rejects those claims and says it has only limited influence on the rebels, urging the Ukrainian government to negotiate directly with them.

Poroshenko held four-way phone talks with Putin, German Chancellor Angela Merkel and French President Francois Hollande on Sunday and Monday, but said those did not produce enough progress to merit extending the ceasefire.

European leaders have threatened a new round of economic sanctions against Russia if it and the rebels don't meet conditions set by Poroshenko. But ambassadors from the European Union's 28 governments decided Tuesday in Brussels that they were not ready to impose new sanctions, instead agreeing to prepare a proposal to be decided at their next meeting Monday, according to an EU official.

That proposal would target those responsible for fomenting unrest in eastern Ukraine, according to a diplomat from a major EU country, and could include travel bans and asset freezes for both individuals and companies. The EU has so far sanctioned only individuals.

Both the EU official and the diplomat spoke on condition of anonymity.

THE ASSOCIATED PRESS

Israel

Thousands mourn slain teens, military targets Hamas

Tens of thousands of mourners converged Tuesday in Israel for a funeral service for three teenagers found dead in the West Bank after a two-week search and crackdown on the Hamas militant group, which Israeli leaders have accused of abducting and kill-

ing the young men.

The deaths of Eyal Yifrah, 19, Gilad Shaar, 16, and Naftali Fraenkel, a 16-year-old with dual Israeli-American citizenship, have prompted angry calls for revenge.

Prime Minister Benjamin Netanyahu convened his security cabinet for an emergency meeting to discuss a response to the killings, hours after airstrikes targeted dozens of suspected Hamas positions in the Gaza Strip.

THE ASSOCIATED PRESS

India

Survivors found three days after building collapse

Rescuers pulled seven more survivors from under the concrete ruins of a collapsed 11-storey building on Tuesday, three days after it toppled and killed at least 29 people in southern India, officials said.

Already, 26 people have

been rescued alive from under the enormous heap of broken slabs, twisted iron girders and concrete dust where the apartment was being constructed in a suburb of Chennai, the south-coast capital of Tamil Nadu state, according to the National Disaster Response Force.

Hundreds of rescue workers, wearing hard hats and breathing masks, were likely to continue searching at least another day.

THE ASSOCIATED PRESS

ENTER TO WIN 1 OF 10 PAIRS OF PASSES

JULY 18 - 19

MAPLE GROVE RUGBY PARK

SUPERSPIKE.CA



SUPER SPIKE 2014

PRESENTED BY




VOLLEYBALL TOURNAMENT



MAJOR BANDS AND DJS



SUMMER'S HOTTEST PARTY

VISIT



TO ENTER

No purchase necessary. Terms and conditions apply. Visit clubmetro.com.



ARKELLS

with *Justy Talle*

MTS

BUD LIGHT

Birkwood KIA ON REGENT KIA WEST

PTEFF DESIGN

SKYY VODKA

Brave young woman battles painful genetic skin disease

Epidermolysis bullosa (EB). There is no cure but researchers are investigating stem-cell and gene therapies

What can you say about a girl named Mary? What can you say about someone barely out of her teens whose goal is to help others because she's had experiences with life-long pain? What can you say about someone who thanked each and every member of her surgical team after they amputated her leg?

What do we say about Mary Haddad?

Seeing her lying in a hospital bed recovering from the surgery, it's hard to believe this elfin patient with the child-like voice is 20 years old, until she describes — without a trace of self-pity and with a wisdom seemingly beyond her years — what life has been like for her as a so-called “butterfly child.”

Haddad was born with epidermolysis bullosa, or EB, a rare genetic disorder that causes her skin to blister and fall off, sometimes even with the slightest touch. The sores can turn into deep, ulcerated wounds, which may take months to heal and can be excruciatingly painful.

EB can take three forms,



Mary Haddad, 20, who has the skin disorder epidermolysis bullosa, at Toronto's St. Michael's Hospital on June 25. CHRIS YOUNG/THE CANADIAN PRESS

from the mildest to the most severe. Haddad has dystrophic EB, the second most severe form.

On June 12, doctors at Toronto's St. Michael's Hospital removed her right leg above the knee in an operation that took eight hours, including about two hours for the team to prep their delicate patient.

What appeared to be one

of her usual blisters on the front of her right ankle had morphed into a huge wound, which a number of painful biopsies revealed to be squamous cell carcinoma — a relatively benign skin cancer for anyone else, but fast-spreading and deadly for those with EB. Her specialist said amputation was the only option to save her life.

Once discharged, Haddad will be transferred to a rehabilitation hospital, where a super-padded prosthetic leg will be designed for her to restore her mobility.

It's difficult to say what Haddad's prognosis is: as long as she has wounds, she is at risk of developing skin cancer again, says her surgeon. But the blistering that once

'Butterfly children'

“Being touched, it was like surgery.”

Mary Haddad
The 20-year-old lives bravely with a rare skin disease called epidermolysis bullosa.

marred her face, chest and abdomen has disappeared.

THE CANADIAN PRESS

Canada in space

Our astronauts face long wait for next space trip

A NASA official says no Canadian astronauts will be heading to the International Space Station for a while because all flights have been booked through to the end of 2016.

Under a bartering system, Canada collects “credits” based on its contributions to the development of the orbiting space lab, with the credits traded in for trips by astronauts. NASA's Bob Behnken says Canada used up most of its credits for Chris Hadfield's five-month visit, which ended in May 2013.

THE CANADIAN PRESS

Alabama

Sex offender camp is closed

Believing it was his calling to reach out to sex offenders, Pastor Ricky Martin built a little church and opened a camp out back for the men. With the help of some former inmates convicted of rape, sodomy, child sexual abuse and other crimes, Martin raised a chapel in rural Alabama in 2010 and parked campers behind it. The refuge came to an end Tuesday, when a law passed earlier by the Alabama Legislature shut it down. THE ASSOCIATED PRESS

FREEDOM LOOKS GOOD ON YOU.

Begin a new journey this summer without glasses or contacts.

Starting at
\$490
per eye*

Book a free consultation
at 1-855-894-2020
or lasikmd.com

LASIK MD
VISION



*Prices are subject to change without prior notice and vary based on prescription strength. Applicable on a procedure for both eyes only. Other conditions may apply.

Court upholds France's ban on veils

The European Court of Human Rights on Tuesday upheld France's law banning face-covering Muslim veils from the streets, in a case brought by a woman who claimed her freedom of religion was violated.

The ruling by the Strasbourg-based court was the first of its kind since France passed a law in 2010 that for-

bids anyone to hide his or her face in an array of places, including the street.

The court's Grand Chamber rejected the arguments of the French woman in her mid-20s, a practising Muslim not identified by name. She said she doesn't hide her face at all times, but when she does, it is to be at peace with her faith, her culture and

Face-covering fine

150

Number of euros (\$218) anyone who covers their face can be fined under French law — or they can be sent to a citizenship class.

convictions. She stressed in her complaint that no one, in-

cluding her husband, forced her to conceal her face.

The court ruled that the law's bid to promote harmony in a diverse population is legitimate and doesn't breach the European Convention on Human Rights.

Critics of the ban contend the law targets Muslims and stigmatizes Islam.

THE ASSOCIATED PRESS



A woman named Najat is shown at a news conference in May 2010, holding her French passport. REMY DE LA MAUVINIÈRE/THE ASSOCIATED PRESS FILE

Sarkozy. Ex-president of France allegedly linked to \$50M from Gadhafi

Former French President Nicolas Sarkozy was in police custody Tuesday, apparently under questioning in an investigation linked to allegations that he took \$50 million in illegal campaign funds from Libya's Moammar Gadhafi.

But will the shocking detention and sordid case torpedo Sarkozy's chances at a presidential comeback?

Maybe not.

Sarkozy, a political survivor who's been touring the world with his pop singer wife, is still among the most popular politicians in France despite a pile of investigations that target him.

The 59-year-old hasn't been convicted of anything and remains well-known on the international stage. And he may be his troubled conservative party's best chance to regain the presidency in 2017, after losing it to Socialist Francois Hollande in 2012.

A judicial official said



Former French president Nicolas Sarkozy, 59, remains popular. LIONEL CIRONNEAU/THE ASSOCIATED PRESS FILE

Sarkozy was detained for questioning Tuesday at the headquarters of the judicial police in the Paris suburb of Nanterre. French police would not provide any details.

Sarkozy could be held up to 24 hours, which could be extended for another day. After the questioning, he could be released without charge, named as a witness in the case or handed preliminary charges.

THE ASSOCIATED PRESS

Changing times

Russia abandons endless 'summer'

Russia's legislature, often accused of metaphorically turning back the clock, has decided to do it literally — abandoning the widely disliked policy of keeping the country on daylight-saving time year-round.

The 2011 move to impose permanent "summer time" was one of the least popular initiatives of Dmitry Medvedev's presidency.

It forced tens of millions to struggle to their jobs in pitch darkness during the winter months.

THE ASSOCIATED PRESS

Conviction overturned

'Cannibal cop' released from jail

A former New York Police Department officer left jail on Tuesday after a judge overturned his conviction in a bizarre case accusing him of plotting to kidnap, kill and eat young women.

Judge Paul Gardephe ruled that there was insufficient evidence to support a jury's guilty verdict in the kidnapping conspiracy conviction of Gilberto Valle, 40.

His lawyers had argued that the alleged plots were really fantasy online role play that never put anyone in harm's way.

THE ASSOCIATED PRESS

Save up to \$15,000 off MSRP

Time to Buy!

HUGE SAVINGS!
MSRP: \$42,999

HUGE SAVINGS!
MSRP: \$28,999

HUGE SAVINGS!
MSRP: \$68,999

HUGE SAVINGS!
MSRP: \$54,999

HUGE SAVINGS!
MSRP: \$54,999

HUGE SAVINGS!
MSRP: \$49,999

In stock units only. Pricing good through July 15th, 2014.

Great Selection / Huge Savings! on ALL Brands

WLSLSPORT.COM • Winnipeg: 1-800-661-7669 Kenora: 1-855-543-2167

Flooding causes chaos in Prairies

Saskatchewan and Manitoba. Dozens of communities under states of emergency as heavy rains force more than 500 from homes

More than 150 acute-care patients and long-term residents were moved from a hospital in eastern Saskatchewan because of flooding.

The full-scale evacuation at St. Peter's Hospital in the city of Melville, about 145 kilometres northeast of Regina, took place because a creek behind the facility was rising Tuesday.

Emergency management commissioner Duane McKay says the water has not entered the hospital and crews are building a berm on a driveway behind the facility.

"The water has not touched the building and the work that's going there is to ensure that it never gets to the building," said McKay.

The evacuation comes because a deluge of rain caused widespread flooding in eastern Saskatchewan and western Manitoba.

Officials had said Monday that parts of southeast Saskatchewan got more than 240 millimetres of rain over the weekend, while some parts of western Manitoba reported more than 100 millimetres. However, those figures came out while the water was still coming down in many communities.

More than 500 people have been forced to leave their homes in Saskatchewan and Manitoba. That number will likely rise as officials started asking people living along the river in Virden, Man., to leave their homes on Monday night.

Saskatchewan Social Services says communities have stepped up to help each other.

For example, people who fled their homes in Gainsborough, Sask., on Sunday night found themselves welcomed into homes by residents in the town of Carnduff. An emergency shelter set up for the evacuees was empty.

Meanwhile, McKay also says the number of communities under states of emergency has jumped to 53 in Saskatchewan.

The water was starting to



More than 500 people have been forced to leave their homes in Saskatchewan and Manitoba due to widespread flooding. COURTESY SASKATCHEWAN MINISTRY OF HIGHWAYS

'Unprecedented'

Saskatchewan Premier Brad Wall says early estimates show the "unprecedented rainstorm and flooding" will be costly.

- "We think we're looking at an event that was larger in financial impact than the 2011 flood because it's so widespread, because the number of communities are so significant and also because of the major infrastructure and highway

damage," Wall said Tuesday in Saskatoon.

- Wall said it's hard to assess some of the highway damage because the roads are still under water. At least 19 sections of highways in eastern Saskatchewan were closed to travel Tuesday.
- There were also 31 municipalities under states of emergency in Manitoba.

recede in some communities as the sun came out Tuesday, but it may rise in others as water flows downstream, he said.

"We have seen some communities start moving a little bit more towards recovery and anticipating what

it will mean to be on the end of this, while others are still dealing with situations they did (Monday) and some communities will see this situation worsen over the next couple of days before it starts to get better," said McKay. **THE CANADIAN PRESS**



Thousands of Manitobans have sold the ComFree® way and saved thousands in commission. You can too!

You will receive all the tools and services you need to sell your home privately without commission.

- ▶ Your listing advertised on ComFree.com - Canada's largest commission-free real estate network
- ▶ High-quality HDR photos - the best in the industry
- ▶ Pricing assistance - provided by an independent appraisal professional
- ▶ Customer support 7 days a week - real estate sales coaches and customer service specialists at your disposal
- ▶ Save thousands in commission!



Summer special

Get up to **\$200 off** * selected packages

Top package now ~~\$999.95~~ \$799.95

1-855-953-9533 | ComFree.com

Limited time offer

*Offer valid from July 2nd - August 29th, 2014. Listing must be activated by September 30th, 2014. Offer not valid in combination with any other promotion. Regular price of our top package \$999.95. See ComFree.com for details.



Rob Ford greets Torontonians on Canada Day. THE CANADIAN PRESS

Boosters, booers greet Rob Ford at parade

Toronto. A seemingly invigorated mayor, just back from stint in rehab, brushes off taunts and calls to resign by wishing all a happy Canada Day

Supporters cheered and critics jeered as an energetic-looking Rob Ford mingled with Toronto revellers Tuesday, a day after his official return from a stint in rehab.

Marching in a Canada Day parade in the city's east end, the scandal-plagued Toronto mayor was greeted with shouts of "disgrace" and "resign" from some in the crowd, which he brushed off by wishing friend and foe alike the best on the country's 147th birthday.

Ford seemed in high spirits despite his detractors and said he was happy to be back.

"It feels great. Absolutely great. Fantastic," he said while his aides handed out mini "Ford Nation" flags and magnets to the crowd.

His march along the parade route was slow and halting, leaving him lagging behind rivals John Tory and Olivia Chow as a steady stream of fans stopped to take their picture with him and shake his hand.

Some parents had their children pose with the mayor, and Ford himself brought his young son along to the event.

Supporter Helen Papanthanasakis said he seems to have benefited from the break.

"He looks relaxed and I think there's a lot of Torontonians who believe in him and we're hoping he's successful," she said.

But others weren't so eager to see Ford among the marchers.

"It's a travesty to have

AUGMENTED REALITY

→ From "Keep up the good work" to "Shame," Toronto Mayor Rob Ford was both greeted and heckled on Tuesday. Scan the photo with your Metro News app to see a video of Ford at the Canada Day parade.



→ See full instructions on Metro's Voices page.

him in the East York parade.... I just don't think I can stand here and not say something against his presence," said Elinor Mahoney.

"I don't get the mindset of people who want to introduce their kids to him. It's like introducing them to some tyrant from past times."

THE CANADIAN PRESS

Tim Hortons unveils credit card that does double-double duty

With the press of a button, Tim Hortons is hoping Canadians will warm to a new credit card partnership.

The coffee and doughnut chain has joined CIBC for the "Double Double Visa Card," which includes physical buttons built into the plastic.

Cardholders can press one of two options on the face of the card — a button that accesses their Visa account or another that lets users redeem loyalty points for products at the company's restaurants.

Each button has a coloured light that illuminates when

the user activates one of the options on the card.

The card allows users to earn points on purchases they charge to their no-annual-fee Visa card, collecting a cent on every dollar in Tim's Cash rewards, the companies said.

THE CANADIAN PRESS

HUGE SANDAL SALE

SAVE UP TO 50%



Clarks



SKECHERS



MERRELL



ECCO



rieker
ANTISTRESS



BioFoot
ERGONOMIC FOOTBED

Grant Park Shopping Centre | Kenaston Common | Kildonan Place Mall
Polo Park Shopping Centre | Portage Place Shopping Centre | St.Vital Centre

QUARKS



Urban trail

visit us online @ quarks.ca | urbantrail.ca



Hong Kong protesters demand full democracy

Protesters block a road during an annual protest in downtown Hong Kong on Tuesday. Hong Kong residents marched through the streets of the former British colony to push for greater democracy in a rally fueled by anger over Beijing's recent warning that it holds ultimate authority over the southern Chinese financial centre.

KIN CHEUNG/THE ASSOCIATED PRESS

Stampede looks back with pride on flood recovery

Calgary Stampede.

Water here, water there, water everywhere — yet last year's event was still a go

The fact that organizers managed to pull off the 2013 instalment of the Calgary Stampede is cited as one of the massive achievements of Alberta's recovery from last year's flooding.

But Warren Connell, vice-president of park development with Stampede, said many don't realize just how close they came to not being able to throw open the gates.



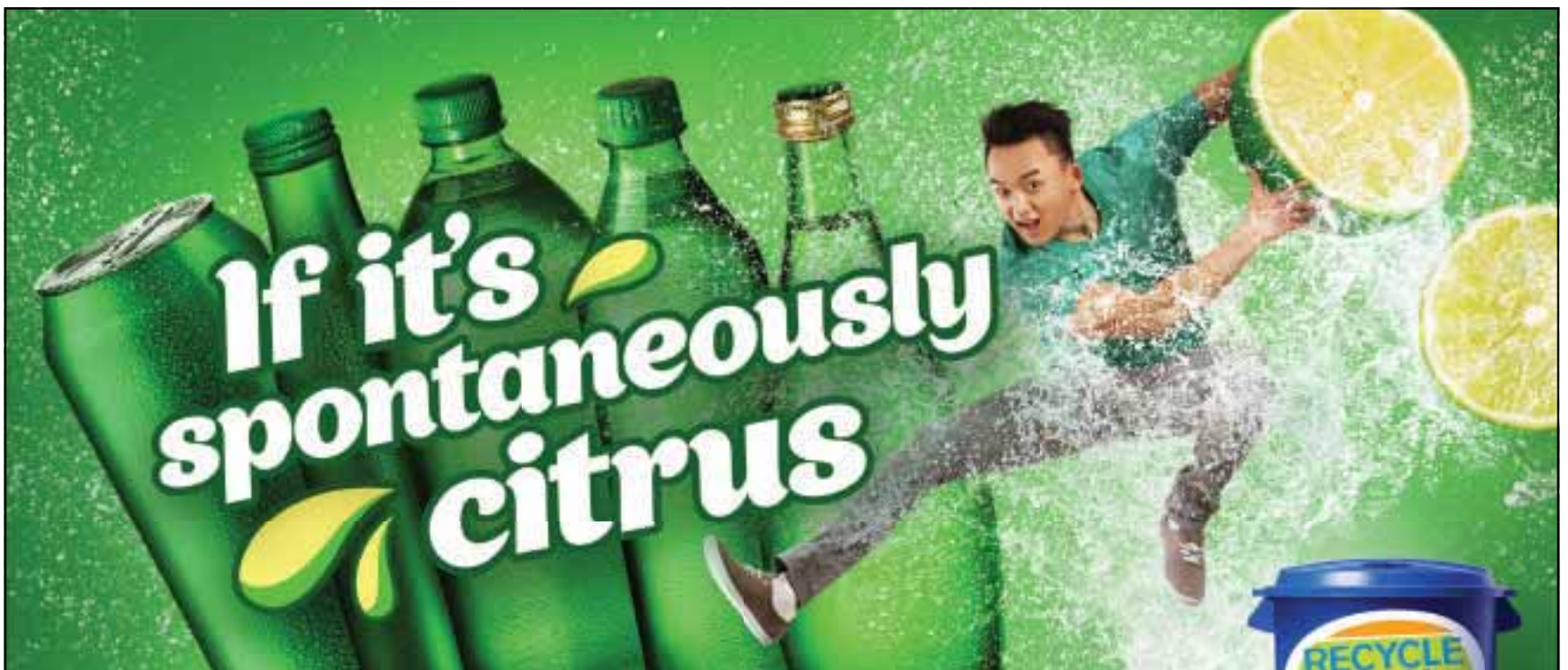
Getting the Stampede grounds ready in June 2013. THE CANADIAN PRESS

said in an interview ahead of the 2014 Stampede, which kicks off this week. "We probably had as much luck going with us as you could possibly hope."

The Stampede grounds were one of the areas hardest hit when floodwater swamped downtown Calgary at the end of June 2013, only two weeks from the July 5 parade to mark the opening of the city's marquee summer event. The water was about three metres deep in the rodeo infield.

The Saddledome was flooded up to the eighth row of seats. "I think it became a beacon of hope and so it would have been very deflating if we had failed," Connell said. THE CANADIAN PRESS

"If the flood had been two days later, we wouldn't have been open in time," Connell



The fact is, it doesn't matter what you choose. All beverage containers are recyclable, regardless of what's inside. So whether it's a bottle, can, carton or juice box, be sure to drop it in a blue bin after you're done.

Enjoy it. Recycle it.

Dov Charney



American Apparel founder fights back

The battle for control of clothing chain American Apparel is heating up.

Ousted American Apparel CEO Dov Charney has increased his stake in the clothing chain to nearly 43 per cent as he fights to keep control of the company he founded in 1998.

Charney was able to increase his stake through a partnership with financial firm Standard General, which is loaning him the money. But the board is scrambling to make its own moves to keep him out. **THE ASSOCIATED PRESS**

Dating app

Tinder co-founder hit with sexual harassment suit

IAC/InterActiveCorp has suspended a co-founder of its popular dating app Tinder in the wake of a lawsuit accusing him of sexually harassing a female executive of the company.

The lawsuit, filed Monday in Los Angeles Superior Court, claims that Tinder's founders engaged in "atrocious sexual harassment and sex discrimination" of the woman, Whitney Wolfe. Wolfe, also a co-founder, was the face of West Hollywood, Calif.-based Tinder's marketing efforts to young women, according to the suit.

The lawsuit paints Wolfe as instrumental in shaping Tinder, including coming up with the name after CEO Sean Rad proposed to call it Tender. **THE ASSOCIATED PRESS**

Market Minute

NATURAL GAS
\$4.44 US
(no change)

GOLD
\$1,326.80 US
(-\$0.70)

TSX closed for Canada Day.

New gadgets to track your every swing, step and shot

Big business.

Technology that gathers data on everything from sleeping to slapshots for weekend warriors is now a \$2-billion industry

LIA GRAINGER
winnipeg@metronews.ca

There was a time not so long ago when sports professionals swore the key to athletic achievement was practice, practice, practice. Now, thanks to a booming \$2-billion digital-health industry, there's a whole range of sport-specific tech gadgets that claim to help both professional and amateur athletes train smarter.

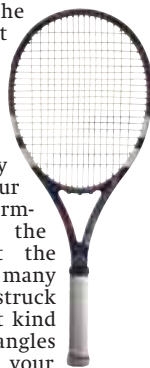
"Never before have you been able to so easily gauge your performance," says col-

umnist and self-proclaimed technology evangelist Marc Saltzman. "Information is paramount."

To get you in the game for summer, he picked out his favourite new fitness-tech items at Sport Chek.

BEST FOR TENNIS: BABOLAT PLAY, \$450

Billed as the world's first connected tennis racquet, the Babolat Play monitors nearly every aspect of your tennis performance: where the ball has hit the racquet, how many times you've struck the ball, what kind of spins and angles you've put on your shots. "How many



times have you used your forehand and backhand? Now you can get that information," Saltzman says. All of the information can be loaded to a smartphone and then shared and compared with fellow connected players around the world.

BEST FOR RUNNERS AND WALKERS: GARMIN VÍVOFIT, \$150

Activity trackers that count your steps, stairs and strides per day are nothing new, but this bracelet-style fitness band stands out from the pack thanks to its year-long battery life. It also tracks your sleep patterns and can record food and calorie intake, making it the Big Brother of lifestyle companion devices.



BEST FOR BASEBALL: EASTON POWER SENSOR, \$150

The Power Sensor fits on the bottom of any bat and monitors the speed and plane of your swing. And if you record your batting practice with a smartphone, the app will sync your stats with the video so that the data will be displayed on-screen as your increasingly killer swing slices across the plate.

BEST FOR CONTACT SPORTS: REEBOK CHECKLIGHT, \$150

This skullcap fits under a helmet and contains sensors that monitor the severity of impacts, flashing amber for less risky blows to the head and red when the hit is hard enough to merit getting that noggin looked at.



Experts warn that it does nothing to protect the head and does not indicate or diagnose concussions — it serves more as a measure of where your chosen sport ranks on the brutality scale.

BEST FOR HOCKEY: FWD POWERSHOT FROM QUATTRIUM, \$150

This seven-inch device slides into your hockey stick and delivers to your smartphone everything you could possibly want to know about your slap, wrist and snap shots, including shot acceleration, stick speed, and puck speed and rotation.



U.S. Birth-control coverage fight turns store owner into 'hero' for religious right

David Green felt like the black sheep of his family. His five other siblings had followed their preacher father into church work; David went into retail.

But as his business successes mounted, he found his religious calling: using the financial might from his Hobby Lobby arts and crafts chain as an engine for evangelism.

That mission, until recent years carried out largely within the world of Pentecostal Christianity, took the 72-year-old Green all the way to a landmark victory Monday at the U.S. Supreme Court over the birth-control coverage rule in President Barack Obama's

health-care overhaul.

"They'll be heroes to the very conservative religious people who are very much against abortion," said Vinson Synan, a friend of the Greens and a prominent scholar of Pentecostal history at Regent University.

The justices ruled 5-4 that requiring closely-held companies such as Hobby Lobby to pay for methods of women's contraception to which they object violates the corporations' religious freedom. It was the first time the high court has declared that businesses can hold religious views under federal law in the U.S.

THE ASSOCIATED PRESS



Rev. Bruce Prescott, left, applauds during a vigil outside a Hobby Lobby store in Edmond, Okla., on Monday. SUE OGROCKI/THE ASSOCIATED PRESS

We are calling on the
NEXT GENERATION OF CANADIANS
AUG 31 - SEPT 3 2014
CHARLOTTETOWN, PEI

Join 100 Canadians ages 19-24 at the New Canada Conference in Charlottetown, PEI.

ALL EXPENSES COVERED!

APPLY NOW AT NCC-CNC.CA
1-800-979-2318

This is big. This is rare. It's a once-in-a-generation event that could change the course of our country.

This is for doers and dreamers. We aren't interested in your resume. All you need is a passion for Canada's future.

2014

CFI

Canada

Partners

Partners

Partners

Partners

Partners

Partners

Partners

Partners

Partners

Partners

WELCOME TO FACEBORG

It turns out those people wearing the tin foil hats are right:

"They" are messing with our minds. "They" in this case is Facebook, and "they" decided to find out how we react to an increase or decrease in positive or negative posts by manipulating the news feeds of 600,000-plus randomly selected social media lab rats ... without telling us.

In case you're interested, the more positive posts you see the more positive your posts will be. And as you might expect, negativity breeds negativity.

We found out only because the researchers published the results in a scientific journal on June 17, and the online anger has been building ever since. Finally, on Sunday, the leader of the experiment, one Adam D. I. Kramer, issued an apology: "In hind-



JUST SAYIN'
Paul Sullivan
metronews.ca

sight, the research benefits of the paper may not have justified all the anxiety."

Of course, he posted it on his Facebook page. So, here's the bottom line, fellow lab rats: Facebook is altering the way we behave without telling us. No reason to be alarmed ... much. Excuse me while I rush to the supermarket to stock up on tin foil.

I don't know about you, but I've never trusted Facebook. It is sitting on the accumulated data of nearly 1.3 billion users, and you'd have to be pretty naive to believe they're just sitting on it.

The spectre of some guy in a white lab coat playing with the emotions of 600,000 unsuspecting people like a cyberspace symphony is creepy enough, but what else are they doing? What else can they do?

Over and over again, we have allowed Facebook and friends to

ignore all boundaries so we can communicate better, shop better, get around better, etc. We have committed this sacrifice with the understanding that they will respect us and, as the Google boys like to say, "Don't be evil." Until now, this devil's bargain was merely annoying. In return for a website that connects everyone all the time, Facebook gathers intimate data and sends out embarrassingly appropriate ads for itching powder or toupees.

But once they start poking and prodding your mind for fun without telling you, it's time to reboot. Facebook is starting to sound like the Borg, that alien presence from Star Trek that assimilates everyone in its path into the "hive mind" in the ultimate pursuit of machine perfection. OK, we're not there yet, but in Facebook's creepy assault on our innocence we can see the way, and it's not that far to go.

"Resistance is futile," intones the Borg. Well, maybe. But I have a new tin hat and a heightened sense of vigilance. I won't get fooled again.

Right.

BATTLE ON THE METRO



Commuters stop in front of Joe Sacco's massive cartoon mural depicting the first day of the 1916 Battle of the Somme in Paris. BERTRAND GUAY/AFP/GETTY IMAGES

Somme spans 500 feet in mural

Joe Sacco's epic depiction of the first day of the Battle of the Somme has been recreated on the wall of the Paris Metro.

Published last autumn, the acclaimed cartoonist's

wordless panorama The Great War picked out the events of the First World War battle, which began 98 years ago on July 1, from the British soldiers who went over the top to the mass burials of the dead.

"It all started when I was playing darts with a friend of mine in New York," he told Agence France-Presse. "'Why don't you do something on the First World War?' he asked. That was 15 years ago."

Now the comic is being shown in the Montparnasse metro station in Paris in a display that runs to 130 metres.

"I'm delighted by this project," said Sacco, according to Le Figaro.

"I really believe in public art exhibition, because art is, by its nature, public." **THEGUARDIAN.COM**

Quoted

"I wanted to give an idea of the size of the massacre, an idea of the losses and the human suffering."

Joe Sacco, cartoonist, in an interview with French newspaper Le Monde

Previous works

- Sacco went to the Middle East in 1992 and came away from Israel and the occupied territories with the material that would make up his groundbreaking comic book series Palestine.
- In 1995 he travelled to Sarajevo where he began Safe Area: Gorazde, a fierce condemnation of the political impotence and badly-planned UN operations during the Bosnian conflict.

DRAWNANDQUARTERLY.COM

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on pages 8-9 in News, page 13 in Scene, page 15 in Life and page 20 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

The put-on-your-pants dance



ANDREW FIFIELD
andrew.fifield@metronews.ca

Near the top of the many strokes of genius David Letterman has had during his run as late night's premier weirdo are the twin faces of his bold vision of our current day: Stupid Pet Tricks and Stupid Human Tricks.

Because here we are, more than 20 years after those bits debuted, in a world of cats behaving badly and the worldwide talent show of YouTube. Which brings us to our newest star: this young man navigating his way into a pair of pants without using his hands, to the strains of The Final Countdown. It's not an illusion, Michael. It's a trick. (YouTube)



SCREENGRAB

DVD review



300: Rise of an Empire

Director. Noam Murro

Stars. Gerard Butler, Eva Green

The mere existence of 300: Rise of an Empire is worthy of note, since Gerard Butler's Spartan King Leonidas and his men achieved "a beautiful victory" but sadly lost their heads in the original film. In what is neither prequel nor sequel (maybe we should call it equal), we meet the secret weapon of Rise of an Empire: Women. This highly stylized account, drawn as before from a graphic novel by Frank Miller but under the direction this time of Israel's Noam Murro, has a vibrant lead in Eva Green, playing Artemisia, commander of the Persian navy, who dresses Goth, but acts Amazon. Packing two lethal blades, she's great, giving Rise of an Empire some badly needed energy.

PETER HOWELL

Winter's Tale

Director. Akiva Goldsman

Stars. Colin Farrell, Russell Crowe

Akiva Goldsman turned the silk purse that is author Mark Helprin's original prose and storytelling into the sow's ear of this misbegotten screen adaptation. Enduring this soppy muddle is like being forced to listen at length to a crazy person at a street corner read out old Hallmark greeting cards. Major plot omissions leave us scratching our heads over many things, such as why Colin Farrell's orphan thief character Peter Lake is so hated by Russell Crowe's demonic Pearly Soames, who grunts with a bad Irish accent. PETER HOWELL

Sarandon on the road again with Tammy

In the grandmother scheme of things.

Thelma and Louise star compares notes on her new film vehicle



NED
EHRBAR
Metro in Hollywood

Twenty-five years after Thelma and Louise, Susan Sarandon is taking a different kind of on-screen road trip with Tammy. Sarandon stars as the alcoholic, pill-popping grandmother to the titular Tammy (Melissa McCarthy), out to cause trouble across the Midwest.

You've been doing a lot of interesting smaller projects lately, like Ping Pong Summer. And even this, though it stars Melissa McCarthy, is from a first-time director.

Yeah, yeah ... that's hard. I feel a little bit like I've used up my coupons for first-time directors, actually. Mark Duplass called me and told me to do this one, and then Mark and Jay Duplass called me to tell me to do Ping Pong Summer. I always feel like if someone asks you to do something that's a favour to help get a film up and it's a one-and-a-half week commitment, that's a hell of a lot easier than a month and a half.

In your mind, can you connect this film to Thelma and Louise at all?

You know, it's so funny that we didn't think of Thelma and Louise. I mean, it didn't come up. I thought of it, but it didn't really come up while we were filming. We were so focused on what was going on. And then a year later when we went to do the press photo shoot, they had a convertible and a desert setting, and I said, "Are you sure you want to do that? We're about to have another anniversary for Thelma and Louise, and I think there's going to be a lot of that. Do you want to do that comparison?" And they were like, "Oh my God, I never thought of that." And they struck the car! They took the car away! But while we were filming it didn't actually come up. Maybe because it wasn't as cool a car, I don't know.



Susan Sarandon and Melissa McCarthy in Tammy CONTRIBUTED

First-time director

Falcone in a Pearl of a jam

Tammy director Ben Falcone might be a first-timer, but he knows enough to pad his bench with some veteran talent, including Susan Sarandon, Kathy Bates and the film's star — and Falcone's wife — Melissa McCarthy.

You've created quite an interesting grandmother with Susan's character.

Isn't she great? Obviously she's one of the best actors in the world, truly. But she's also super-funny. She has a kind of ... I don't want to say craziness, but she has a freedom to her own life and her own way of thinking that I think she was able to tap into that brought out that kind of past history of Pearl and the depth of flavour that Pearl has, so it wasn't



Ben
Falcone GETTY
IMAGES

just like, "I'm a granny and I party." You know, instead I believe that Pearl as played by Susan Sarandon did in a non-creepy way go hang out with the Allman Brothers on tour. And you're not like, "That's weird." You're like, "Yeah, if I was the Allman Brothers I would hang out with her, too."

And apparently you had some guest writers coming in during the shoot?

That was something we unabashedly stole from Paul Feig and Judd Apatow. What they do is they have somebody who's a really funny writer, and their sole purpose is they come in for a couple of weeks at a time — and they usually switch them out to keep their takes fresh — and their sole purpose is to be there and say, "Is this as funny as it could be?" So we stole that as a model, which was fantastic.

Some filmmakers' egos might not let them do that.

I just want the best possible thing at the end of the day, and if I can get talented people to help, why on earth would I not accept their help?

AUGMENTED REALITY

→ What happens when Ben Falcone tries to fire Tammy (played by his real-life wife Melissa McCarthy)? Scan this photo with your Metro News app to see hilarity ensue!



→ See the full instructions on Metro's Voices page.

Or as serious a story.

Right. Although I don't know, I think of Thelma and Louise as being funny up and until the end.

So far during your press tour, how many people have asked to take a selfie with you?

Nobody, nobody! Oh no, one on-camera reporter did. That's so funny that that became such a big thing. We just did it as an afterthought. We did a whole photo session of them uniting us, and there was a Polaroid, and we did do something there. And then we were doing the interview for the Hollywood Reporter, and at the end of it, I said, "Let's just do one," and we did one with my phone. (My dog) Penny tweeted it, and now it's a thing.

2
SCENE



Selena Gomez ALL PHOTOS GETTY IMAGES

Don't tell Selena, but Biebs was 'getting friendly' with a model at a party

Selena Gomez may not like this. Justin Bieber was reportedly getting friendly with model Amber Rose at a party at West Hollywood nightclub Bootsy Bellows recently, according to Radar Online.

"Justin walked over to Amber's private table and they began chatting," a source says. "They talked for more than 15 minutes and even exchanged numbers."

She was smiling and laughing." On-again, off-again girlfriend Gomez may have nothing to worry about, as Rose is married to rapper Wiz Khalifa, but the former Disney star has been known to take issue with Bieber's receiving texts from female pals, as she reportedly did when she found out he'd been in contact with Kylie Jenner earlier this year.



Shia LaBeouf

How Shia's arrest netted him a free DVD

Shia LaBeouf has at least gotten something out of his arrest for making a scene during a Broadway performance of Cabaret.

Scott Gorenstein, rep for Liza Minnelli — who starred in the film adaptation of the musical — tells E! News that he generously sent LaBeouf a DVD copy of the 1972 Oscar-winning film. "I figured he may want to find out how it ends," Gorenstein explains. LaBeouf was escorted from the

theatre in handcuffs during intermission and taken into custody. In related news, video from a week before the arrest has surfaced on TMZ showing the former Transformers star outside a New York City strip club trying to start a fight with an unidentified bystander. In the video, LaBeouf is seen with his fists up asking the man to punch him in the face before backing down and entering the adult establishment.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Cam Gigandet

Gigandet remembers O.C. cast as 'miserable'

Outside of minesweeping in Afghanistan, being a guest star on a teen drama in its third or fourth season has to be one of the worst jobs there is.

By then, everyone seems to hate each other and the show and the fact that they're not movie stars yet (the things we've heard about the latter days of Gossip Girl would curl your hair), and outsiders are bound to get caught in the crossfire.

That's what Cam Gigandet claims happened to him when he guest starred on The O.C. "Ben McKenzie was kind of

mean to me. I hadn't done anything at that point and he was a little bit of an ass," he told Elle. "But I love him. I think he's a great actor and I love Southland."

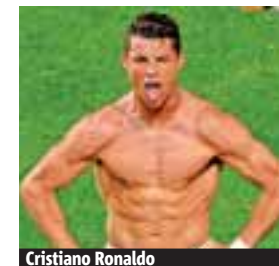
Apparently, McKenzie wasn't the only one making trouble. "I learned a lot. But the things that I remember now — none of them are good. It was only the third or fourth season. Those kids were f—king miserable. They were just — they would not remember their lines on purpose. They were young," Gigandet says.

Here's one way to meet your soccer hero

Cristiano Ronaldo got quite the surprise last week when he returned to his hotel room in Brasilia, Brazil to find a 15-year-old boy waiting in his bed, according to Globo Esporte.

The fan, Yago Leal, evaded security and gained access to the suite via the balcony, waiting for Ronaldo to return on the eve of Portugal's World Cup match against Ghana.

Leal tells the newspaper that Ronaldo posed for a photo and signed an autograph



Cristiano Ronaldo

before showing him out without alerting security.

The apple doesn't fall too far from the tree

MELINDA TAUB

Metro in New York City

Hey guys! Got a case of the back-to-work blues? Here's something to put things in perspective, namely a chilling reminder that addiction is a disease that frequently runs in families. That means the same child an addict once cited as an inspiration for getting clean may grow up to be at greater risk for abusing drugs himself.

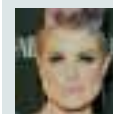
Robert Downey Jr.'s son was arrested on Sunday afternoon for cocaine possession. According to ET, 18-year-old Indio Downey was a passen-

ger in a car pulled over by the LAPD near the intersection of Santa Monica Boulevard and La Cienega. He was released Monday morning on \$10,000 US bail.

Iron Man star Robert Downey Jr. famously struggled with substance abuse for much of his life, even serving two prison sentences, the first for three months and the second for nearly a year. Downey Jr. claimed he had been addicted to drugs from the age of eight, because his own father, Robert Downey Sr., had been giving them to him, according to the BBC.

Downey Jr.'s been in recovery since 1993, which already makes him a more together dad than his own father, it sounds like. Hopefully he can help his son avoid treading in his father's and grandfather's footsteps.

Twitter



@KellyOsbourne
NOT A HAPPY BUNNY RIGHT NOW! I have completely lost my voice :(



@rickygervais
Dear Nobel Prize Committee, I've noticed that when I eat loads of pies & chocolate & do no exercise I put on weight. Have I won anything?



@ConanOBrien
My kids have really been inspired by this year's World Cup. My son just bit our dog.

Why not try some island hopping in New York City?

Day tripping.

Governors Island and Roosevelt Island offer a respite from the bustle of Manhattan

New York is a city built on water. Four of its five boroughs — Manhattan, Brooklyn, Queens and Staten Island — are located on islands, and the city's rivers and bays are dotted with many more. Two of New York's lesser-known islands make terrific destinations for a summer day trip, filled with history, green spaces and incredible views. And they're easy and fun to get to: Visit Governors Island by ferry and Roosevelt Island by tram.

Governors Island

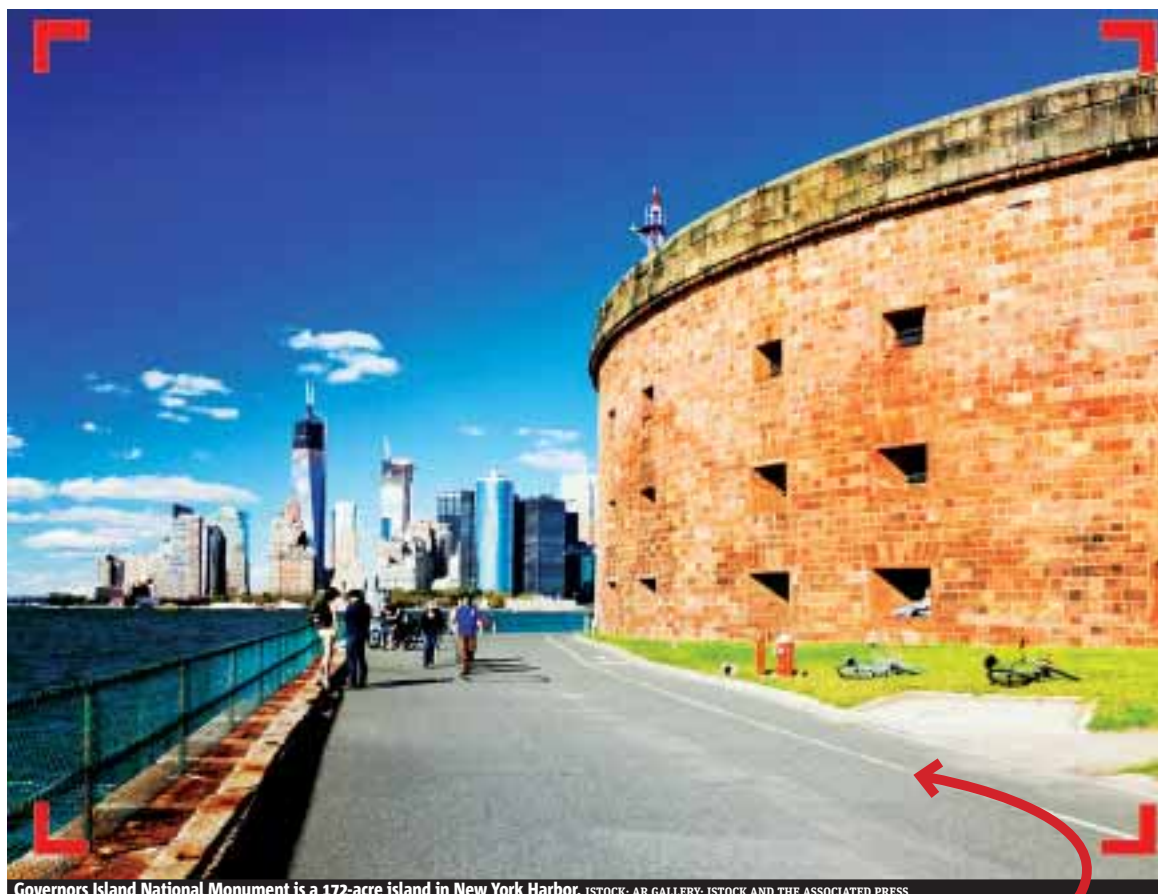
Governors Island, a former military and U.S. Coast Guard base, has become one of New York City's most beloved day-trip destinations.

The vast green lawns and slopes, winding paths and views make the seven-minute ferry trip from Manhattan feel like a voyage to another world — not that you can forget you're a mere half-mile from Lower Manhattan, with soaring views of 1 World Trade Center and the Statue of Liberty just across the water.

Some of the best views come as you round the bend near Castle Williams, a circular red stone fort that served as a barracks and prison in the decades after its construction in 1811.

The island hosts concerts, children's activities, art shows and whimsical outdoor installations like a giant blue phone receiver in a tree.

It takes less than an hour to stroll around the island, but allow more time for enjoying parks and green spaces like Hammock Grove, with play areas and 50 hammocks. You'll also want to poke your head in historical buildings like the Admiral's House and visit shops like Better Than Jam, which sells locally handmade crafts and products. Food vendors offer everything from Belgian waffles, ice cream and beer, to oysters, sesame noodles and Cuban sandwiches. You can bring bikes on the ferry



Governors Island National Monument is a 172-acre island in New York Harbor. ISTOCK; AR GALLERY; ISTOCK AND THE ASSOCIATED PRESS

or rent bikes, tandem bikes and surreys on the island.

The island is open daily through Sept. 28 (Monday-Friday, 10 a.m. to 6 p.m., weekends and Labour Day until 7 p.m.). Ferries run daily from Lower Manhattan's Battery Maritime Building, 10 South St., near the Staten Island Ferry terminal. Ferries also run weekends from Brooklyn Bridge Park's Pier 6. Round-trip fare, \$2 US, with select free ferries weekend mornings; see govinsland.com.

Roosevelt Island

You can take the subway to Roosevelt Island, but it's more fun to take the tram from 59th Street and Second Avenue in Manhattan (one-way, \$2.50 using a subway MetroCard). The six-minute ride offers views of the city, East River and Ed Koch Queensboro Bridge.

On the Roosevelt Island side, walk 15 minutes south to Franklin D. Roosevelt Four Freedoms Park on a tree-lined path along the river with



Sightseers ride the aerial tramway from Roosevelt Island to NYC. ISTOCK

great views of Manhattan across the way.

Near the park entrance, you'll pass the Renwick Ruin, a gothic structure that looks like a horror movie set. It's an abandoned smallpox hospital that dates to the 1850s.

The park, in contrast, offers a sleek, pristine landscape, full of symmetry and angled views. It celebrates President Roosevelt's "Four Freedoms" speech, made in

1941. FDR extolled freedom of speech, freedom of worship, freedom from want and freedom from fear as "essential human freedoms ... attainable in our own time."

An excerpt is engraved on a granite monument; a bust of FDR sits at the island's southern tip. Tree-lined plazas, steps and other structures offer vantage points for seeing the Manhattan skyline; you'll easily pick out the

AUGMENTED REALITY

→ Want to know how to spend a summer day in New York City? Scan this photo with your Metro News app for a gallery of images of Governors Island and Roosevelt Island.

→ See the full instructions on Metro's Voices page.



Empire State Building, United Nations, Chrysler Building and 1 World Trade Center.

The park is free, open 9 a.m. to 7 p.m. every day except Tuesday; see fdrfourfreedomspark.org. Dining options on Main Street, not far from the tram, include Italian, Japanese and the Riverwalk Bar and Grill's yummy fish tacos and pulled pork sandwiches.

THE ASSOCIATED PRESS

3 LIFE

Oh Canada! We're one quirky nation



ON THE MOVE
Loren Christie
life@metronews.ca

In honour of Canada's 147th birthday, I thought it would be fun to celebrate our quirky side by testing your knowledge of our country's most unique tourist destinations.

1) Which province is home to the world's largest Ukrainian Easter egg, badminton racket and piggy bank?

- a) Manitoba
- b) Prince Edward Island
- c) Alberta

2) At the top of Whistler, B.C.'s Peak Express Chair there is a collection of what popular child's toy?

- a) Rubber ducks
- b) Teddy bears
- c) Gameboys

3) At Domaine Pourki on the Richelieu River, just 35 minutes from Montreal, you can stay overnight on the water sleeping in what kind of accommodation?

- a) Igloos

- b) Teepees
- c) Tents

4) Which province is home to the towns of Heart's Delight, Heart's Desire and Heart's Content?

- a) Newfoundland
- b) New Brunswick
- c) Ontario

5) Which Alberta town has become a pilgrimage site for thousands of Star Trek fans?

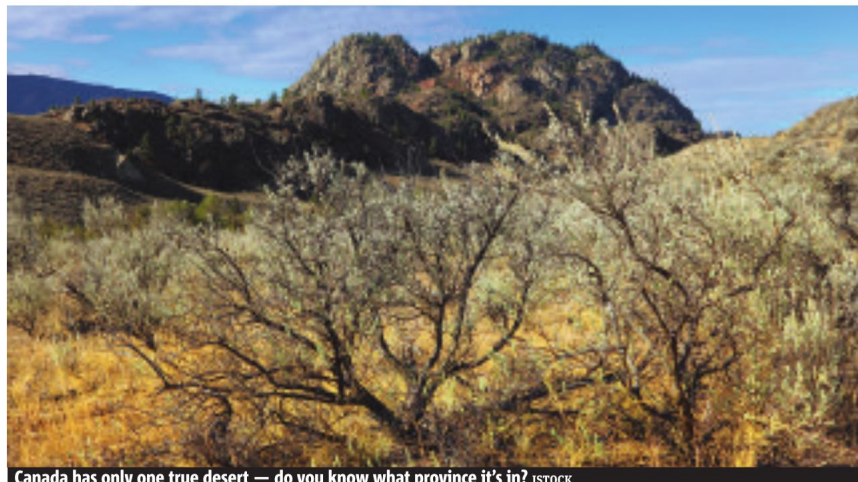
- a) Kirkville
- b) Klingon
- c) Vulcan

6) The Glass House on the East Shore of Kootenay Lake in British Columbia was built from more than half a million discarded glass bottles. What did they once contain?

- a) Milk
- b) Mountain Dew
- c) Embalming fluid

7) Crooked Bush near Hafford, Sask. is a group of wild aspen trees that twist, loop and bend into a surreal looking forest. University research has concluded this is a result of:

- a) A genetic mutation



Canada has only one true desert — do you know what province it's in? ISTOCK

- b) Clay in the soil
- c) Strong winds

8) In which province can you grab a coffee or bite at one of these fancifully named establishments: The Dancing Goat, The Laughing Whale, The Dancing Moose or The Prissy Pig?

- a) Quebec
- b) Alberta
- c) Nova Scotia

9) Old City Hall in which city is an architectural oddity that contains references to the Masonic order, Celtic mythology and some less than flattering images of the sitting mayor (at the time of construction) by the architect, E.J. Lennox?

- a) Winnipeg
- b) Toronto
- c) Charlottetown

10) Which province is home to Canada's only true desert, complete with sagebrush, cacti and tarantulas?

- a) British Columbia
- b) Newfoundland
- c) Ontario

Answers: 1-c, 2-a, 3-b, 4-a, 5-c, 6-c, 7-a, 8-c, 9-b, 10-a

Bucket list

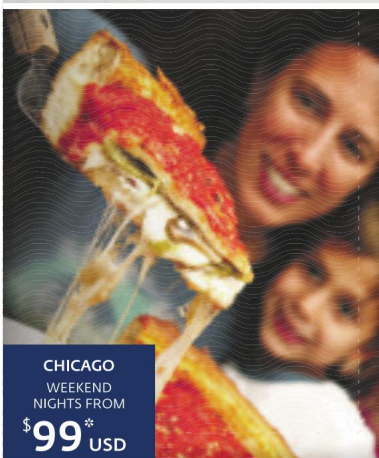


A wander through the Azores

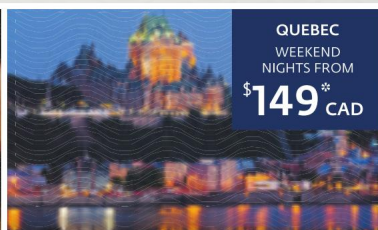
The nine islands that make up the archipelago of the Azores used to be one of Europe's best-kept secrets. Lush and green despite being made up of 1,766 volcanoes, this autonomous region within the Portuguese state has made great gains since the 1970s, when it was still a relatively poor fishing outpost. Island life in the Azores teems with opportunities for visitors to sail, dive, go deep-sea fishing and explore more than 120 geotourism sites — everything from volcanic caves and ravines to hot springs. The best time to go is August and September. Check out flights from Toronto or Montreal to Ponta Delgada via SATA airlines at sata.pt.

DOUG WALLACE/METRO

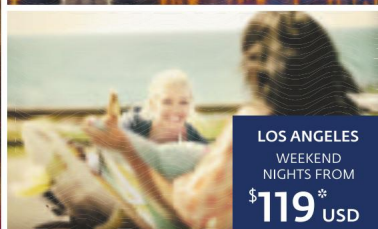
52 WEEKENDS A YEAR, 52 CHANCES TO
BE A WEEKENDER.



CHICAGO
WEEKEND
NIGHTS FROM
\$99* USD



QUEBEC
WEEKEND
NIGHTS FROM
\$149* CAD



LOS ANGELES
WEEKEND
NIGHTS FROM
\$119* USD

TORONTO
WEEKEND
NIGHTS FROM
\$99* CAD



NEW YORK
WEEKEND
NIGHTS FROM
\$119* USD

BE A WEEKENDER AND BOOK YOUR GETAWAY TODAY.

You only get 52 weekends a year, so make the most of them. Unwind on a romantic weekend at Waldorf Astoria™ Hotels & Resorts or Hilton® Hotels & Resorts, or take the little ones to a family-friendly hotel like Embassy Suites™ and Hampton®. Wherever you go, our more than 4,000 hotels have the weekend you're looking for. Take advantage of great rates before the next weekend is gone.

BOOK NOW AT HILTON52WEEKENDS.COM | 1-800-HILTONS

Hilton
HOTELS & RESORTS

W
WALDORF
ASTORIA
HOTELS & RESORTS

CONRAD
HOTELS & RESORTS™

DOUBLETREE
BY HILTON™

E
EMBASSY
SUITES™

Hilton
Garden
Inn

Hampton

HOMESWOOD
SUITES BY HILTON™

HOME2
SUITES BY HILTON™

Hilton
Grand Vacations

HILTON
HHONORS

*Sample daily rates featured are subject to availability for weekend travel through August 30, 2014. Rates will vary based on selected hotels and may include higher or lower rates than advertised based on specific travel dates selected. "Weekend rate" includes nightly rates which may begin on Friday or Saturday. Each hotel has a policy addressing cancellations and/or blackout dates that may apply. Unless otherwise stated, quoted rates are per room per night, based on double occupancy and do not include taxes, gratuities, incidental charges or resort fees (where applicable). The Best Available Rate is a specific rate type that varies depending on time of purchase, is unrestricted, non-qualified and excludes discount or negotiated rates. Amounts are listed in United States Dollars and Canadian Dollars. Exchange rates change daily. Your reservations will be booked in the local hotel currency. ©2014 Hilton Worldwide.

Hello, can I speak to my future hire?

Dial-a-disaster. Many first interviews are conducted over the horn, so heed this advice to avoid a communication crash

LAUREN
MARINIGH
TalentEgg.ca

When you think of a job interview, it's likely that you'll picture a traditional face-to-face process.

However, many employers choose to do a first round of interviews over the phone.

Phone interviews can be intimidating, particularly if your previous interview experience has always involved on-site, in-person meetings. Don't worry; a little preparation can go a long way.

Here are a few ways that phone interviews can go wonky — so avoid, avoid, avoid.

Not being prepared

This goes without saying, but make sure you understand all the details of the interview.

Do your research on the company, read over the job description, and practise sample questions that you think might come up during the interview.

You'll also want to confirm all of the logistical details: who will be calling, when, and at what number. If the employer is calling you, be ready well in advance.

Double-check you have good reception, ensure that you are the one answering the phone, and set up all the resources you need on hand before you pick up



Put yourself in professional mode when chatting to your potential employer by picking yourself up out of bed and docking yourself at a desk. ISTOCK

I'd like to call a friend

If you haven't had much experience making business phone calls, try phoning a pal and comparing your interaction to the conversations you've had with an employer or in a traditional interview.

(notebook, resumé, job description, etc.).

Not acting professional

Remember that every interview is a professional undertaking, even if it isn't

conducted in a formal workplace.

Part of the challenge of phone interviews is presenting yourself in a professional manner without the ease of in-person inter-

action.

If you haven't had much experience making business phone calls, try phoning a pal and comparing your interaction to the conversations you've had with an employer or in a traditional interview.

Do not eat or drink during your interview, and make sure that you are in a quiet setting with a phone that has a full battery.

To save yourself from embarrassment, make sure to tell everyone else in your household that you

are using the phone for an interview — this way, you won't get your parents picking it up in another room, awkwardly interrupting.

Other things that can help put you in the professional mindset include sitting in a professional setting or area (think desk, not bed), and dressing for success.

Not closing the interview effectively

Just like you would in an in-person interview, ask questions. Always have a list pre-

pared in advance and pick a few that the interviewer might not have answered during your conversation.

This is your chance to get a better idea of the work environment, and whether you could see yourself working there.

Don't forget to close by thanking the interviewer before saying goodbye.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Twitter

TalentEgg #QuestionoftheDay: Everyone has a childhood dream job for when they "grow up." What was yours?

@SamBoucher24 ●●●●●
Ballerina-still like to dance!

@KayyAyy ●●●●●
News Anchor!

@Recruit_Campus ●●●●●
Can't remember...I'm too old (losing my memory) but I am doing my dream job now @ RBC4Students!

@thatsomanpreet ●●●●●
Actress/ Talk Show Host

@amreenazam ●●●●●
I always dreamed about being an engineer! (inspired by my dad)

@RisaTran ●●●●●
my childhood dream job was a Marine Biologist, thanks to Free Willy of course. #QuestionOfTheDay

Tightening the professional chain on LinkedIn

Social media success. Get ready to unleash the power of this professional platform using two easy tricks

LAUREN
MARINIGH
TalentEgg.ca

A quality LinkedIn profile is arguably just as useful as a great cover letter and resumé. This is especially true if you're looking to network and build your personal brand.

Yet many would-be hires are making simple LinkedIn mistakes without even realizing it.

Avoid all of that and prepare to impress future employers instead.

Here are two common LinkedIn 'Don't's' and advice on how you can build your on-line presence.

A lacklustre headline

Your profile needs a solid and engaging headline; it's the first thing people see after your photo.

By default, your headline will appear as the title of your current position. Avoid this.

Think of the terms that future employers may be searching for when looking for someone with your skills. Do some research to get started.

Don't try and write the perfect headline in one go — brainstorm ideas and write as many as you can before fine-tuning and making your decision.

Staying silent

Like any social media platform or networking resource, you need to invest time and energy in LinkedIn to see results.

While your employment information may not change on a regular basis, you should update your status and get involved on LinkedIn on a regular basis.

You can share valuable and interesting articles you read, comment in LinkedIn group

discussions, and share your input on other people's statuses.

This activity keeps you on the radar of those inside and outside of your network and builds your presence in other people's newsfeeds.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Enjoy dinner out in the open

Open-Face Chicken Sandwich. This simple meal is not only filling, but offers up a wide range of textures that will make it a favourite



DINNER EXPRESS
Emily Richards
food@metronews.ca

This sandwich used to be a big favourite when I worked in restaurants. Packed with fibre and spiked with a tangy spread, it will keep you going for the rest of the evening.

Besides, in the hot summer weather, sandwiches are a great dinner option.

Enjoying the big full flavours of this sandwich with a crisp salad is a great way to round out your meal.

To really make it a great meal, why not pack it up with your favourite local beer or wine and head out to the backyard for a picnic?

Make the most of summer by keeping cool in the kitchen and enjoying delicious food outside.

Also, try grilling up some extra chicken one night to enjoy another time.

It takes no effort at all to have extra protein grilling while dinner is being prepared so you can plan ahead for the next night or even a fabulous lunch.

1. Sandwich Spread: In a small bowl, stir together the Greek yogurt balsamic vinegar, cooked and finely chopped egg, minced green olives, minced red bell pepper and Worcestershire sauce. Divide evenly

FLASH FOOD



From your fridge
to your table in
30 minutes or less

Cooking tips

- **Grill Option:** Place baking sheet over medium high heat on the grill; close lid until cheese melts.
- **Keep it healthy:** Using Greek yogurt instead of mayo helps keep this sandwich spread low in fat but adds great protein.
- **Speed it up:** For a quick option, pick up a coleslaw mix instead of shredding your own cabbage.

Ingredients

Sandwich Spread

- 1/2 cup (125 ml) plain 0% Greek yogurt
- 1 tbsp (15 ml) balsamic vinegar
- 1 hard cooked egg, chopped
- 2 tsp (10 ml) minced green olives
- 2 tsp (10 ml) minced red bell pepper
- 1/2 tsp (2 ml) Worcestershire sauce

Sandwich

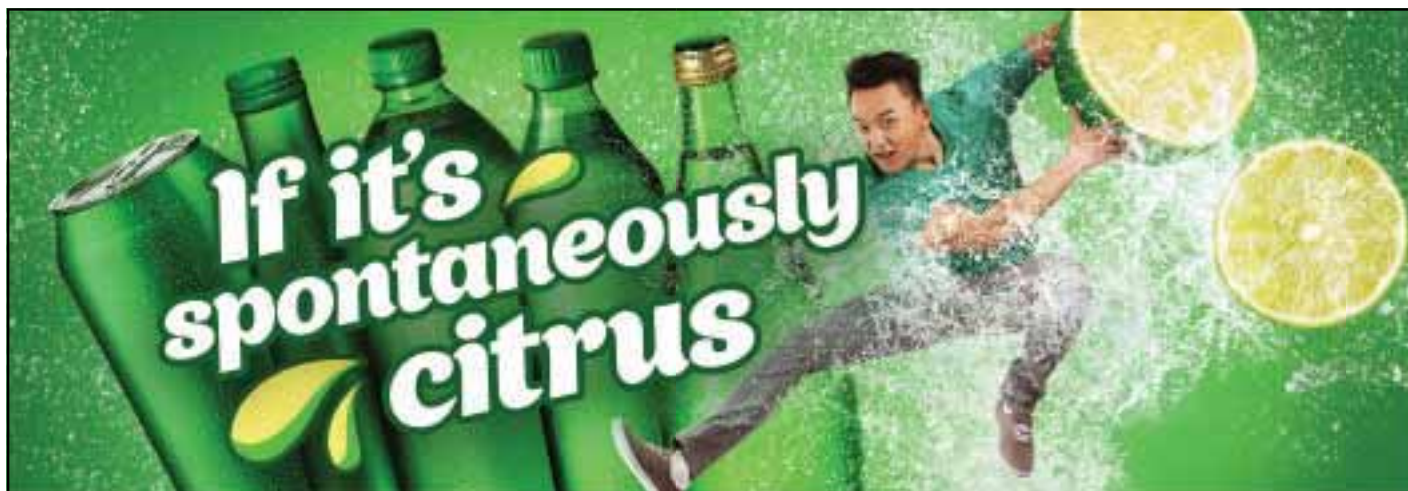
- 4 small slices whole grain bread
- 2 cups (500 ml) shredded cooked chicken
- 1 1/2 cups (375 ml) shredded cabbage
- 1 tomato, sliced
- 4 small slices light style Swiss cheese

among bread and spread. Top with chicken, cabbage and tomato. Lay one slice of cheese on each sandwich.



This recipe makes four servings. EMILY RICHARDS

2. Place the prepared sandwiches on a baking sheet and bake them in 400 F (200 C) oven for about 10 minutes or until the cheese melts and bread is slightly toasted. Serve with a side salad.



**Enjoy it.
Recycle it.**



New goalie

Canucks sign free-agent goalie Ryan Miller

The Vancouver Canucks acquired a much-needed veteran goalie Tuesday, signing free-agent Ryan Miller to a three-year deal worth US\$18 million.

The Canucks needed a proven netminder after trading Cory Schneider and Roberto Luongo in the past 13 months and missing the playoffs this season. Miller was seen as the best goalie on the free-agent market.

"I felt it was important to get a goalie with experience," said Canucks general manager Jim Benning. **THE CANADIAN PRESS**

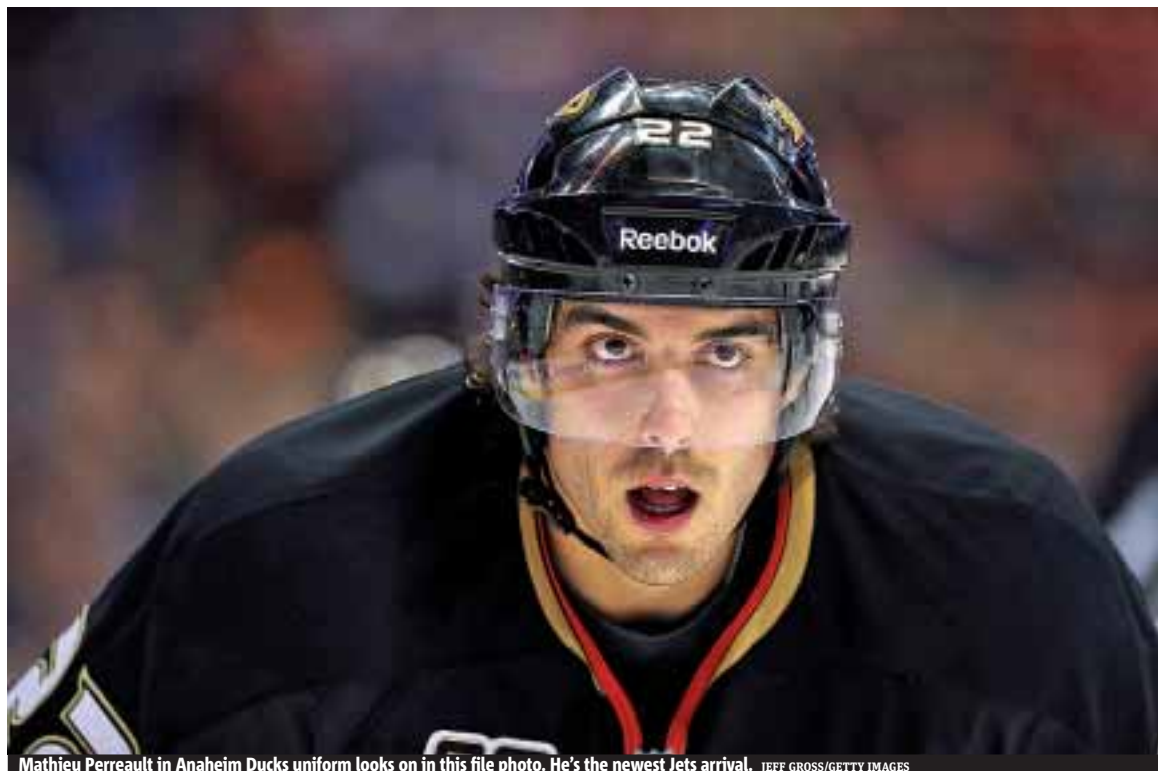
Three in a row

Flames get new goalie, winger and defenceman

New Calgary Flames general manager Brad Treliving said last week he was in the market for a defenceman with a right-handed shot. He got one Tuesday, along with added insurance in net and some offence up front to replace the departing Mike Cammalleri.

Calgary came to terms with tough defenceman Deryk Engelland, who received a significant pay raise in a two-year deal worth US\$5.8 million. Engelland's salary with Pittsburgh last season was \$575,000.

The Flames also signed local winger Mason Raymond to a three-year, \$9.5-million deal and Swiss goaltender Jonas Hiller to a two-year, \$9-million contract. **THE CANADIAN PRESS**



Mathieu Perreault in Anaheim Ducks uniform looks on in this file photo. He's the newest Jets arrival. JEFF GROSS/GETTY IMAGES

Jets land centre Mathieu Perreault

Scoring depth. Move to Winnipeg 'a great fit,' says the former Anaheim Ducks player

The Winnipeg Jets have signed centre Mathieu Perreault to a three-year, US\$9-million contract.

Perreault spent last season with the Anaheim Ducks, scoring 18 goals and 25 assists. He

became expendable in Anaheim after the Ducks acquired centres Ryan Kesler and Nate Thompson in trades.

"They gave me the opportunity to go somewhere else where I can have more ice time, especially after the trades they made for Kesler and Thompson, there wasn't much space left for me down the middle in Anaheim," Perreault said Tuesday on a conference call.

In 228 career games with

Washington and Anaheim, the five-foot-10, 175-pound native of Drummondville, Que., has 51 goals, 62 assists and 106 penalty minutes.

He will add some scoring depth to the Jets, who were in the middle of the pack in the NHL last season with 219 goals.

"I talked to (Jets head coach) Paul Maurice earlier today. I think they want to change their offence a little bit and put on three lines that can score every night, and I think it

was a great fit for me to come to Winnipeg," Perreault said.

Perreault led the Ducks in faceoffs last season, winning 52.6 per cent of the draws he took.

"I've always worked on it, I've always took pride in winning faceoffs, and hopefully I can come in and do that for the Jets," he said.

Perreault was drafted in the sixth round, 177th overall, in the 2006 NHL draft.

THE CANADIAN PRESS

Avalanche lose Stastny, snatch Iginla



Jarome Iginla played for the Boston Bruins last season. He signed a three-year, US\$16-million deal with Colorado. GETTY IMAGES FILE

The Colorado Avalanche added a big-name scorer in Jarome Iginla shortly after losing a fan favourite in Paul Stastny.

The Avalanche signed Iginla to a three-year, US\$16-million deal on Tuesday, bringing in a forward with 560 career goals.

Iginla played last season with the Boston Bruins and had 30 goals in 78 games. He will be counted on to help fill the scoring void left by Stastny, who signed a four-year, \$28-million deal with division

rival St. Louis earlier in the day. Stastny spent his entire career with Colorado after being picked in the second round of the 2005 draft.

Iginla is a six-time All Star who turned 37 on Tuesday. He's played in 1,310 regular season games with Calgary, Pittsburgh and Boston.

"Jarome's track record speaks for itself," Avalanche Hall of Famer turned executive Joe Sakic said. "He is one of the top goal scorers of all time, as well as a great leader. His addition will bolster our

offence."

The Avs have been rather busy since Monday, orchestrating two trades for veteran players.

First, the team picked up veteran forward Daniel Briere from Montreal for right wing P.A. Parenteau and a fifth-round pick in next year's draft.

On Tuesday, Colorado acquired defenceman Brad Stuart from the San Jose Sharks for a second-round pick in 2016 and a sixth-rounder in 2017. **THE ASSOCIATED PRESS**

U.S. sub-marined by Belgium

World Cup. 'Keeper's 16 saves not enough as Belgium finally breaks through in extra time

Kevin De Bruyne turned a heroic night for U.S. goalkeeper Tim Howard into defeat on Tuesday, with an extra-time goal and an assist that gave Belgium a 2-1 victory and a quarter-final match against Lionel Messi and Argentina.

With three extra-time goals in a thrilling match, De Bruyne and substitute Romelu Lukaku gave Belgium a big lead before Julian Green closed the gap with 12 minutes to go.

"For my heart, please don't give me too many games like this," said Belgium coach Marc Wilmots.

Belgium's unyielding attacks for 90 minutes on Tuesday only highlighted the great performance of the 35-year-old Howard, but the U.S. finally wilted in the evening heat once extra time came.

Three minutes in, Lukaku found space on the right and

AUGMENTED REALITY

→ Scan the image with your Metro News App to view more images of Tuesday's action.

→ See the full instructions on Metro's Voices page.



passed into the centre. At first, the ball was poked out before De Bruyne gained possession. Belgium's creative genius had the energy for a sharp move and his low shot missed the yellow foot of Howard and settled inside the post.

In the 105th minute, Belgium looked like it had put the game away. De Bruyne launched Lukaku into open space on the left and the Everton striker beat his club teammate Howard with a drive to the near post.

The U.S. got late hope when Green pulled one back in the 107th with a sterling volley on the turn that Thibaut Courtois could only touch before he saw it fly into his net.



U.S. goalkeeper Tim Howard and Belgian substitute Romelu Lukaku went head to head on Tuesday, with Lukaku's side narrowly coming out on top. LAURENCE GRIFFITHS/GETTY IMAGES

With almost no work at all in 120 minutes, Courtois turned

out to be more decisive than Howard had been, stopping a

late flurry from the Americans. **THE ASSOCIATED PRESS**

Baseball

Goldeyes keep up winning ways against T-Bones

The red-hot Winnipeg Goldeyes pulled out their red jerseys for their Canada Day matinée against the Kansas City T-Bones, but the weather was far from hot.

A healthy 5,078 fans braved the overcast skies and were rewarded by a 5-3 victory — Winnipeg's ninth win in its last 10 games and sixth in a row.

The win pads the Goldeyes' North Division lead, now at six games over St. Paul.

Goldeyes first baseman Casey Haerther continues to tear the cover off the baseball. The slugger's 2-for-4 day at the dish — including his fifth home run of the season — bumps his batting average up to .392 which leads the league by a monstrous 39 points.

Starter Ethan Hollingsworth earned the win (2-0, 2.54 ERA) in 6 1/3 innings of work, while closer Chris Kisson secured his ninth save of the season.

Winnipeg continues their three-game series against the T-Bones on Wednesday and Thursday night.

DARRIN BAUMING/FOR METRO

MLB

Hutch helps Jays staunch bleeding

The Toronto Blue Jays have come close to falling out of first place in the American League East, the result of a recent slide.

An excellent start from Drew Hutchison and the return of Jose Bautista helped provide a little breathing room in the divisional race while ending a three-game losing skid.

Hutchison struck out a season-high 10 batters and Bautista belted one of two Toronto homers as the Jays defeated the Milwaukee Brewers 4-1 in front of a sellout crowd on Canada Day at Rogers Centre.

The Toronto right-hander was dominant early on, retiring the first 14 batters he faced as the Blue Jays stayed one game ahead of second-place Baltimore.

"When he's on, he's on," Toronto manager John Gibbons said of his starter. "He can be really, really good." **THE CANADIAN PRESS**

ARE YOU TIRED OF BEING TOLD GUARANTEED APPROVAL JUST TO BE DISAPPOINTED?

DON'T WORRY ABOUT YOUR CREDIT, THAT'S OUR JOB!!! WITH OVER 30 YEARS EXPERIENCE, YOU WILL BE DRIVING THE CAR OF YOUR DREAMS!!!

WE CAN HELP...

- No Credit or slow payment history • Bankruptcy • Repossessions
- Divorce • Credit issues due to unplanned events

Autocreditwinnipeg.com • 1-844-232-7139

Argentina-Switzerland. Messi sent an Angel in Rio

Angel Di Maria scored deep into extra time Tuesday to give Argentina a 1-0 win over Switzerland and a spot in the World Cup quarter-finals.

With a penalty shoot-out looming, Lionel Messi made a surging run toward the Swiss area in the 118th minute and laid the ball off to Di Maria on the right.

The winger struck a left-foot shot past diving goalkeeper Diego Benaglio, prompting the Argentine bench to jump out on the field to celebrate the goal.

Swiss substitute Blerim Dzemaili nearly equalized right before the end but his header hit the post, and the rebound bounced off his knee and wide of the goal.

The result at Sao Paulo's Itaquero Stadium continued Argentina's record of scraping

Game of inches

"We know that this could happen to us, but we gave our souls out there on the pitch, we fought with our lives for each ball and we ended up as the winners."

Tuesday's hero for Argentina, Angel Di Maria

by with narrow wins at this World Cup.

Di Maria said the Argentines knew from the start that there was a good chance that the game would go into extra time, like three of the six previous second-round matches. **THE ASSOCIATED PRESS**

Lionel Messi jumps on Argentina goal scorer Angel Di Maria on Tuesday. JULIAN FINNEY/GETTY IMAGES



Canadians Raonic, Bouchard advance to quarter-finals

Wimbledon. Rising players' paths made easier by early upsets

Milos Raonic joined Eugenie Bouchard in the quarter-finals of Wimbledon as the talented pair continued their run at the record books.

Eighth seed Raonic achieved his best career showing at the All England Club on Tuesday with a 4-6, 6-1, 7-6 (4), 6-3 fourth-round win over Japanese 10th seed Kei Nishikori.

Raonic becomes just the second Canadian to reach the Wimbledon quarter-finals in the Open era, which began in 1968.

He next faces Australian wild card Nick Kyrgios, who

shocked second seed Rafael Nadal with a 7-6 (5), 5-7, 7-6 (5), 6-2 win later Tuesday.

Bouchard made her way there on Monday with a defeat of Alizé Cornet. She will face off in the next round against German ninth seed Angelique Kerber, who upset fifth seed Maria Sharapova 7-6 (7-4), 4-6, 6-4, winning on a seventh match point.

Bouchard hammered Kerber in the French Open fourth round a month ago.

"The match against Bouchard will be a tough one," said Kerber. "I lost against her in Paris, but I'm feeling right now better and I'm feeling better on grass."

Raonic laid down 34 aces in his victory over Nishikori, who is coached by former French Open winner Michael Chang. Raonic broke three times,

Bigger than Canada

"It's about really trying to become the best player in the world." Milos Raonic

saved five break points against his serve and ended with 64 winners in the comprehensive victory.

"I've been serving in general well this tournament, and even throughout the clay court season," said Raonic. "But obviously here it sort of gets exemplified a little bit more. It's a little bit more on display."

In men's doubles, veteran Daniel Nestor of Toronto and Serbian partner Nenad Zimonjic reached the quarter-finals over Pablo Cuevas of Uruguay and David Marrero of Spain 7-6 (8), 6-4, 6-4. **THE CANADIAN PRESS**



Milos Raonic celebrates winning a point against Kei Nishikori, Tuesday. SANG TAN/THE ASSOCIATED PRESS

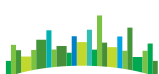
Realize your career gooooal!

Search the most jobs from Canada's top employers.

At Workopolis, we can help you score your dream job. With 850 new job listings every day, you're in a position to make a game-changing career move. It's what makes Workopolis Canada's number one job site.

workopolis.com

 #workopolis


WORKOPOLIS



"Number one job site" based on five-month average online job postings for period ending May 31, 2014. Comparison between Workopolis and all other major paid online job boards. Does not include online classified sites or job posting aggregator sites. Statistics provided by WANTED Technologies. © 2014 Workopolis.

2015 Ford Fiesta ST

- **Type.** Five-door, front-wheel-drive subcompact hatchback
- **Engines (hp).** 1.6-litre inline four-cylinder (197)
- **Transmission.** Six-speed manual
- **Base price.** \$26,064

Market position

Well-known European “hot hatch” now available in North America. Looks the part, goes the part. Targeted at driving enthusiasts, as evidenced by only one transmission offering (the six-speed manual), the hot turbo engine, and many handling upgrades. ST, for Sport Technologies, is Ford’s global performance badge.

Points

- One of the quickest “little” cars you can buy.
- Engine sounds actually fed into interior cabin for sporty ambience.
- Exemplary cornering — flat with no understeer.
- Sits 15 mm closer to the ground than other Fiesta models.
- Still quite fuel-efficient — 5.6/7.8 City/Highway L/100 km



The ST offers lots of torque and launches easily.

Safety

Six standard air bags; four-wheel disc brakes with ABS; stability control with engine torque vectoring and with three selectable modes; tire pressure monitoring system; child seat anchors; anti-theft engine immobilizer.

One engaging little beast of a car

PHOTOS: MIKE GOETZ



Review. The Ford Fiesta ST is not just a Fiesta with a different badge. It’s a completely different animal.

MIKE
GOETZ
drive@metronews.ca

The Ford Fiesta ST is a great “hot hatch” in the European tradition.

But while Europe has had a Fiesta ST since 2005, this 2014 model is the first for North America.

Unlike Europe, our Fiesta only comes in four-door sedans and five-door hatches, so our new five-door ST doesn’t look

quite as cool as Europe’s new three-door ST coupe, or for that matter, the three-door factory Fiesta rally car, which is piloted by racer and YouTube stunt driver sensation Ken Block.

But four doors or not, this thing rocks.

The exterior bits that make ST more visually sporting — one-of-a-kind grille and chin spoiler, rear diffuser and spoiler, dual exhaust tips, and unique 17-inch wheels — are agreeably understated.

It feels more racy on the inside, primarily because our tester was flaunting the optional leather-trimmed RECARO seats — in “hurt your eyes” red. These seats are super firm and have huge side bolsters.

The ST is the most expen-



The ST features a 6.5-inch LCD screen and an 80-watt stereo.

sive Fiesta you can buy, so the rest of the inside is packed with stuff, like SYNC with MyFord Touch, a 6.5-inch LCD screen and the 80-watt stereo.

But ST is all about the driving experience. First thing you notice is how much torque this thing has, and how easily it launches. Ford says 177 lb-ft is

available from just 1,600 rpm and that maximum torque (214 lb-ft) can be had by 3,500 rpm — and you can believe it.

The engine is exclusively mated to a slick-shifting six-speed manual transmission. No automatic. Rowing through the gears is a motivational and audible treat. Powertrain

Compare PHOTOS: CONTRIBUTED



1 Fiat 500 Abarth
Base price: \$26,190
Fiat 500’s performance model looks good, sounds better. Its 1.4-litre turbo makes 160 hp. Manual is a five-speed.



2 Mini Cooper S
Base price: \$27,490
The all-new 2015 Mini S features a 2.0-litre turbo capable of 189 horses. Lots of fun in a practical package.



3 Chevrolet Sonic RS
Base price: \$25,645
Not in the same performance league as the others, but lots of bang for the buck.

sounds are actually fed directly into the cabin to enhance the sporty experience. ST features upgraded braking and suspension and steering, compared to regular Fiesta models. It also features electronic Torque Vectoring Control, to reduce understeer during hard cornering, and a three-mode stability system (off, standard, sport).

This translates to a very entertaining experience through traffic and in twisty bits along your journey. It has virtually no body lean and can change lanes with a flick of the steering wheel. The stiff “summer” performance tires can’t help smooth out the bumps very much, but that would be one of the few caveats of this very engaging little beast.

Horoscopes

♈ Aries

March 21 - April 20

You have every reason to be confident but don't start believing that nothing can go wrong. Your social life may be fun but is there something of a more serious nature you should be taking care of.

♉ Taurus

April 21 - May 21

Something good will come your way today. Others may say you don't deserve to be so fortunate but only because they wish they had been as creative and as hard-working as you.

♊ Gemini

May 22 - June 21

You seem to be in a positive mood now that Mercury, your ruler, is moving in your favour again. However, other aspects warn this is no time to rest on your laurels. There is still more good you can do in the world.

♋ Cancer

June 22 - July 23

For best results today don't limit yourself to tried and trusted ways of doing things. Use your imagination to dream up new ideas and new ways of living, laughing and loving.

♌ Leo

July 24 - Aug. 23

Find a quiet place where you can be alone with your thoughts and start asking some serious questions of the "who am I?" and "what should I be doing with my life?" variety. The answers may surprise you.

♍ Virgo

Aug. 24 - Sept. 23

What seemed difficult a while ago now seems so simple, which just goes to show how a change of attitude can lead to a change of fortune. Prove you're a force to be reckoned with.

♎ Libra

Sept. 24 - Oct. 23

Listen to your inner voice today because it offers good advice you won't get from others. The answers you seek are not "out there" in the world but hidden in the depths of your heart.

♏ Scorpio

Oct. 24 - Nov. 22

You may not want to hurt someone's feelings but you know you have to be honest. There comes a time when it is necessary to tell it like it is, even if it means putting a relationship or friendship at risk.

♐ Sagittarius

Nov. 23 - Dec. 21

Stop looking at your problems so emotionally. Your feelings must not be allowed to come into it, especially where money and business issues are concerned. Practical problems require practical solutions.

♑ Capricorn

Dec. 22 - Jan. 20

What a friend has to tell you today may not be what you were hoping to hear but the important thing is it's what you need to hear. Are you smart enough to realize you don't know all the answers?

♒ Aquarius

Jan. 21 - Feb. 19

Your ability to tune in to how others think and feel will bring benefits, especially on the work front where sudden changes won't take you as much by surprise as they do some.

♓ Pisces

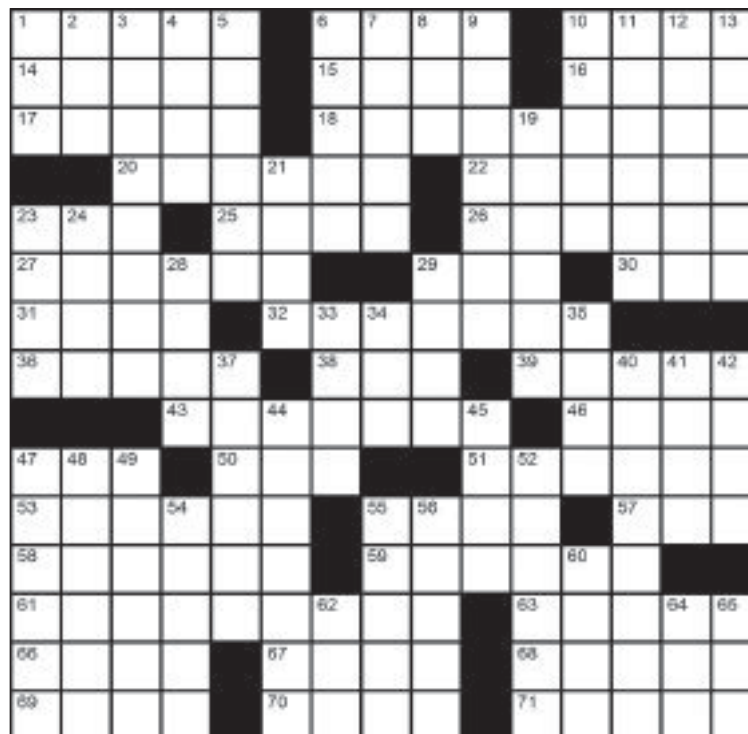
Feb. 20 - March 20

Your confidence is making a return now that mind planet Mercury is no longer such a negative influence, and by the end of the week you will be the life of the party. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Fast food gig, colloquially
- "___ surprised as you!"
- Group
- Tacky
- "America's Got Talent" host Mr. Cannon
- 'Chick' suffix
- Divvy up
- ___ Bridal (Retailer on TLC's "Say Yes to the Dress" that now has a boutique at Hudson's Bay in downtown Toronto)
- Warders at the Tower of London
- Looked
- Play part
- Broad
- One of Canada's 'Famous Five', Irene ___ (b.1868 - d.1965)
- Brings forth
- Ms. Streep, to pals
- 'Lion' suffix
- Magazine like Glamour
- Distinctly
- Curious sort
- Dinghy director
- Like a lotus position
- Aquatic bird
- Baie-D'___ (Montreal suburb)
- ___ Lanka
- Sixers
- From longest ago
- Soldier-to-Sergeant reply! 2 wds.



- Concept
- ___-hoo!
- Squashes
- P.K. ___ (Montreal Canadiens player)
- Largest mammal: 2 wds.
- Honda car
- Certain cheers
- Mr. Hershiser

- Guitar ___
- Vega constellation
- Drenches
- Cranky

Down

- Booker T.'s backup
- Pen part
- "Guns + Ammunition" is by what To-

- ronto band?: 2 wds.
- Garfield's pal
- Ottawa, formerly
- ___ a deal
- Global TV's "Rookie Blue" actor, Travis ___
- Expert
- "Gilligan's Island" character
- Canadian journal-

- ist Morley
- Gertrude ___ (1926 English Channel swimmer)
- Hollywood's humans
- 26th Pres. Mr. Roosevelt's
- Almost
- Catchall category,

- curtly
- On the ocean
- Mil. ranks
- "Pee-___ Big Adventure" (1985)
- Crumbly soil
- Bonfire needs
- Perrier, par exemple
- "___ better believe it!"
- Critique
- ___ Convent (Winnipeg's oldest building, home of Le Musee de Saint-Boniface Museum)
- "Assuming that's true...": 2 wds.
- Tip to 'logy' (Study of whales and dolphins)
- Snowbirds display: 2 wds.
- Songstress Lisa
- Icon
- Truly
- Royal Canadian Mint, coins-___
- Canadian brewer
- "___ Lady" by Tom Jones
- Little land-on-water
- Sword fights
- Missed ___ (Thespian's mistake)
- "Right you ___!"
- Soak flax
- 'Diction' suffix-ean contraction

Monday's Crossword

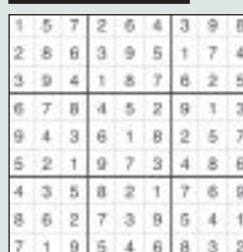


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Monday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: 22°
MIN: 9°



MAX: 24°
MIN: 10°



MAX: 28°
MIN: 14°



JENNA KHAN WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



PUT THE SMART BACK IN YOUR PHONE...

Download the FREE Metro app today!



metro

WINNER OF A RECORD BREAKING 12 TONY AWARDS



**It's The Comedy, Comedy,
Comedy... Musical!**

The
PRODUCERS
the new MEL BROOKS musical

LIMITED TIME ENGAGEMENT
JULY 4-19



RAINBOWSTAGE.ca

204.989.0888

PLEASE NOTE: EXPLICIT LANGUAGE,
MATURE THEMES, SEXUALITY

CELEBRATING 60 YEARS OF BRILLIANCE